CHAIR'S REPORT AGM 30 APRIL 2025

Alison Sorrell

April 2024 to March 2025 has been a year of change for Forum's Events Team. Our new treasurer, Emlyn has settled into his role. Nia joined the Team at our last AGM and has since taken on the role of Website Co-ordinator. Also, we have welcomed Hilary, as acting Minutes Secretary, who is standing for the role of Secretary this evening.

Over the past year the Team was busy arranging three all day Workshops and four face to face Kitchen Table CPD events, which are a proving very popular, and which give an opportunity for members to introduce prospective new members and to share their experiences and knowledge with colleagues in guided talks around the "Kitchen Table" – often with chocolates or cake!

Although you had to bring your own chocolates or cake – we also held three online "Kitchen Table" style evening events, which were very well received.

The coming year, April 2025 to March 2026 promises further opportunities for members to meet at Palmer's Café, for a two-hour Kitchen Table gathering, so you can continue to exchange thoughts and ideas about various aspects of being a therapist or training to be a therapist. The meetings are gently structured yet relaxed and welcoming. Please tell your colleagues about Forum and invite them to come along for a "taste" of what Forum has to offer. As a bonus, they, and you, will get a certificate for two hours CPD.

The Team also has some full day events in the pipeline, that you will be informed of very soon.

I have enjoyed my four years of being Chair of Forum and helping to set up some of the workshops. It has been interesting, and occasionally challenging, as the Team has tried to arrange events that would be relevant, stimulating and informative for our members. However, I am stepping down from the role this evening so that I can spend more time completing my studies to gain further qualifications. Though, with your vote, I shall stay with the Team as a general member.